



Share Your Story – Change A Life

St. Paul and Suburban Area Intergroup Speaker Program

Experience, Strength, and Hope...

...Come from multiple sources, but none more important than the personal stories of our fellow AAs.

Speaker Program

- A.A. Groups Have Speaker Meetings So That - newcomers and folks in recovery can hear stories of "what we were like, what happened, and what we are like now."
- Nothing is more compelling than the voice of someone speaking from the heart.
- Desperate alcoholics need to hear stories like those of grateful AAs.
- Speaker meetings are often open in order to reach people not ready to "make a decision."
- Speakers choose the meeting where they will speak
- It is not necessary to speak every month, or even often.

How to Participate

- Speakers need to have a minimum of one year of continuous sobriety
- Go to aastpaul.org, click on Service, then Volunteer Sign Up, then "Google form," complete and submit
- Send an email to staff@aastpaul.org
- Call 651-227-5502 and ask for the Speaker Coordinator.