

# The Original 4<sup>th</sup> Step Seminar

Open to all 12 Step Groups

An adapted process from The Big Book of A.A.

## Facilitated by Barb M. and Jim D.

A supportive, intense, emotionally engaging exploration of steps 4 through 7, with an introduction to step 8.

Through the combined use of lecture, discussion, feedback, experiential exercises, and audio, you will experience the concept of “a searching and fearless moral inventory....”

*Bring with you: a notebook, pen, and an open mind*

*Open to all 12 step groups*

*LIKE US: [facebook.com/theoriginal4thstepseminar](https://facebook.com/theoriginal4thstepseminar)*

## Dates

Each Thursday\*

April 17–May 29, 2025

Time: 6:30 pm to 8:30 pm

\*Completion of the seminar requires that you attend ALL sessions. Exceptions may be made for week 1 OR week 2.

## Location

**Lake Harriet United Methodist Church**

4901 Chowen Ave. S

Minneapolis, MN 55410

## For Information

Questions or to Register, Contact:

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