

THE SPIRITUAL LIFE IS NOT A THEORY

A workshop presented by the Bridge To Shore Group of Alcoholics Anonymous

October 26, 2019
345 Industrial Boulevard
Minneapolis, MN
Noon to 4:00 PM

Lunch, pastries
& coffee provided



7th Tradition
collection to
cover costs



Sharing will be based
on real experience



Roundtable
Discussions
Follow Sharing

"A spiritual life will counteract a life of the spirits (alcohol)."

Carl Jung - Psychiatrist

Presentations will be from:

- Mitch T. - A member in the early years of sobriety
- Kristen H. - A member in the 'middle' years of sobriety
- Dennis B. - A longtime member of several decades

Each person will cover:

- Their own definition of "spirituality"
- Three challenges they faced in their spiritual journey and how they dealt with them.