

The Original 4th Step Seminar

Open to all 12 Step Groups

An adapted process from The Big Book of A.A.

Facilitated by Chris N and Bob D

A supportive, intense, emotionally engaging exploration of steps 4 through 7, with an introduction to step 8.

Through the combined use of lecture, discussion, feedback, experiential exercises, and audio, you will experience the concept of “a searching and fearless moral inventory....”

Bring with you: a notebook, pen, and an open mind

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LIKE US: facebook.com/theoriginal4thstepseminar

Dates

Each Monday*

Oct 15 – Nov 26, 2018

Time: 6:30pm to 8:30pm

Completion of the seminar requires that you attend ALL sessions. Exceptions **may be made for week 1 OR week 2.*

Location

Lake Harriet United Methodist Church

4901 Chowen Av S

Minneapolis, MN 55410

For Information

Questions or to Register, Contact:

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